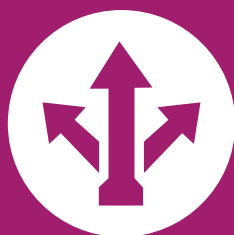


Planning Ahead



A guide to
what you can
do when you
leave school



0800 028 48 44



www.careerswales.com



Llywodraeth Cymru
Welsh Government

Introduction



Within the next few years you will be leaving school. This booklet will help you to think about what you are going to do. There are a number of options open to people when they leave school. Some of them may not be right for you or you may want to try more than one. Your Careers Adviser will help you to work out what is right for you.

What you could do when you leave school

- Go into work or training
- Volunteering
- Go to college
- Have a daytime plan

How your Careers Adviser can help

Your Careers Adviser could:

- Help you to think about what you like and don't like
- Help you think about where you might like to go when you leave school.
- Help you to apply for jobs, arrange for you to visit colleges and find out about voluntary work.
- Help you to plan what you need to do before you leave school.
- Help you think about the support you will need when you move on from school.



Who else could help?

There are lots of other people who can help you plan what you want to do when you leave school:

- Parents
- Carers
- Family and friends
- Teachers and other helpers at school
- Social Worker

When you leave school, you could:



Work

When young people leave school they can look for full-time or part-time work.

If work is the best option for you your Careers Adviser can help you to look for a job.

If going into a job or training isn't right for you but you would like to have some work experience your Careers Adviser can help you look for voluntary work. You wouldn't get paid for this but you could learn new skills and make new friends.

Go into training

If you go into training you would be able to try a job to see if you like it. Training can last up to 2 years.

You would learn how to do a job and would work towards a qualification.

You would be paid an allowance.

These are some of the things that you can try on training:



Go to local college

At college you could:

- Carry on with reading and maths
- Make new friends
- Learn new skills like:
 - Preparing for work
 - Life skills
 - Cooking
 - Animal Care



If you want to go to college your teachers may be able to arrange for you to go to college for one or two days a week before you leave school. This will help you find out if you like college.

Go to Specialist College

If there are no courses that you can go into at your local college you may be able to go to a specialist college.

At a specialist college you may:

- Stay at the college in the week or during the term
- Learn to look after yourself, carry on with reading and maths and learn new skills.



If you want to go to specialist college your Careers Adviser can arrange for you and your parents/carers to visit colleges. The Careers Adviser would need to apply for funding for you to go to specialist college.



Follow a daytime plan

If you have a Social Worker they could talk to you and help you to draw up a plan of things you would like to do.

These may be things that you could do in a centre or in other places.

You may:

- Go swimming
- Go shopping
- Do gardening
- Make things



Transitional Planning



Transitional planning means planning for changes that will happen in your life as you get older. To help you plan you will have Transitional Planning Reviews.


These meetings happen once a year, while you are still in school. There will be a range of people invited to your review. These will include:

- You
- Parents/Carers
- Careers Adviser
- Teachers
- Social Worker


It is important to think about what you would like to do when you leave school. Your Careers Adviser will be able to help you get the support you need. You and your Careers Adviser will put together a Learning and Skills Plan that tells college or training what you need help with.




What would you like to do in the future?




Who would you like to attend your review?



What would you like to talk about at your review?



What is important to you when planning your future?



You can have help to plan for your review by using www.careerswales.com

Where to find Careers Wales



You'll find us in all special needs schools and units, secondary schools and colleges of further education. We also work in the community.



Website: www.careerswales.com



Telephone: 0800 028 48 44



if calling from a mobile use 029 2090 6800
(standard mobile rates apply)



Textphone: 0800 0029 489 (for deaf and hard of hearing customers)



@careerswales

My plans for the future

Use this section to help plan for college, training, work and moving on from school.

My name:

When I leave school I would like to:

- Go into work or training
- Volunteering
- Go to college
- Have a daytime plan



Why would I like to do this?



What skills do I have?



What qualifications have I got or will get before I leave school?



What work experience have I done?



What work experience would I like to try?



What happens now?... For example: visit college or training provider

