



Gyrfa Cymru  
Careers Wales

# My Careers Workbook

## Book 2 - Job Matching Quiz



Name .....

Class .....

Year Group .....



Llywodraeth Cymru  
Welsh Government

# Activity 1



## IMPORTANT POINT

to use the “Job Matching Quiz”, you will need to be supplied with a username and password for [www.careerswales.gov.wales](http://www.careerswales.gov.wales)



Where can you get a Username and Password for [www.careerswales.gov.wales](http://www.careerswales.gov.wales)

I can get my Username and Password for [www.careerswales.gov.wales](http://www.careerswales.gov.wales) from: .....

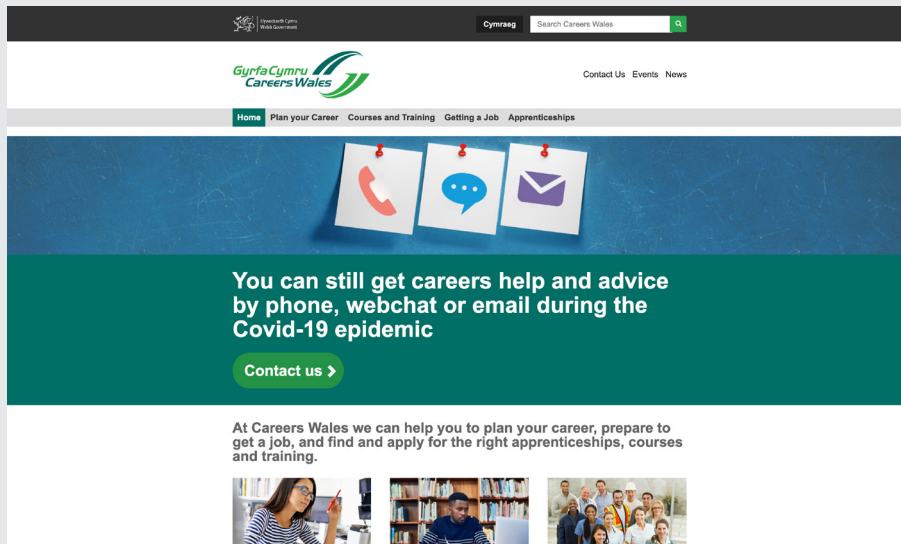
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If I forget my Username and Password for [www.careerswales.gov.wales](http://www.careerswales.gov.wales) I need to speak to .....

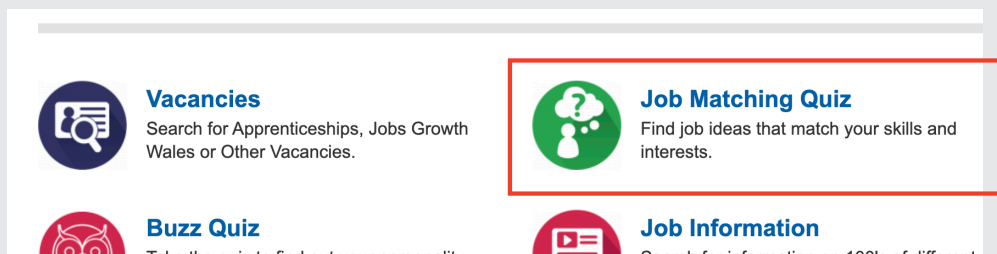
.....to reset.

DO NOT SHARE YOUR USERNAME  
AND PASSWORD WITH OTHERS

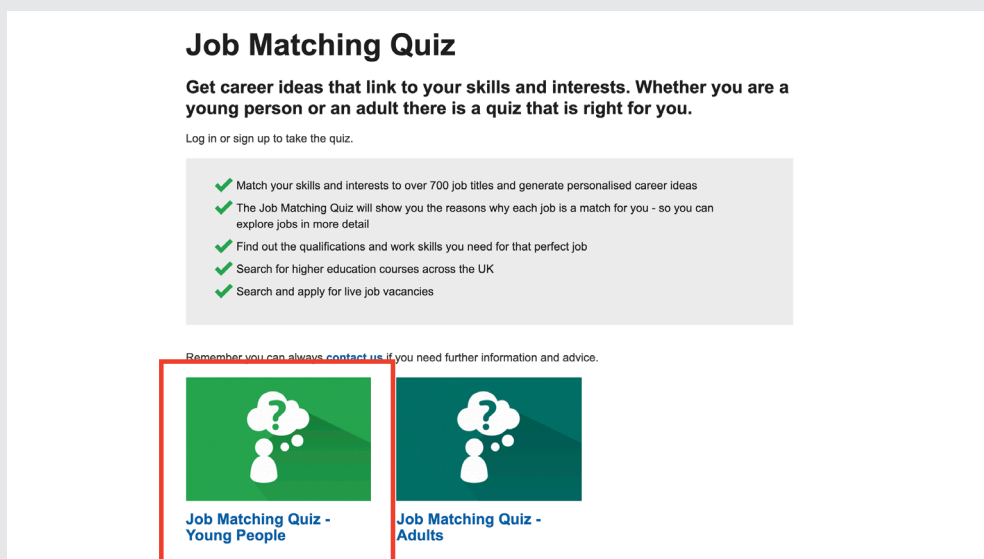
Go to [www.careerswales.gov.wales](http://www.careerswales.gov.wales)



Scroll down to the bottom of the page and select the **Job Matching Quiz!**



Then select **Job Matching Quiz – Young People**



Then Log in with your username and Password

# Activity 2

With a partner discuss “What makes a strong Password?”

What do you think the answer is?

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## Getting Started with the Job Matching Quiz

Select your Gender, Year Group and **Highest Qualification you hope to achieve**, (not just GCSE)

Tell us about yourself

Before we get started with MyFuture, please fill in the form. This will help us guide your career ideas.

Gender

Select

This data is collected for statistical purposes only

Which Year Group are you currently in?

Select

What qualification level are you hoping to achieve?

Select

Age

6

☒ Prefer not to say

☐ I don't have any of these health issues

☐ Hearing

☐ Using your hands

☐ Strength or stamina

☐ Wearing glasses or contact lenses

☐ Skin conditions

☐ Breathing

☐ Diabetes

☐ Speech

☐ Standing or walking

☐ Colour vision

☐ Limited sight or blindness

☐ Seizures or loss of consciousness

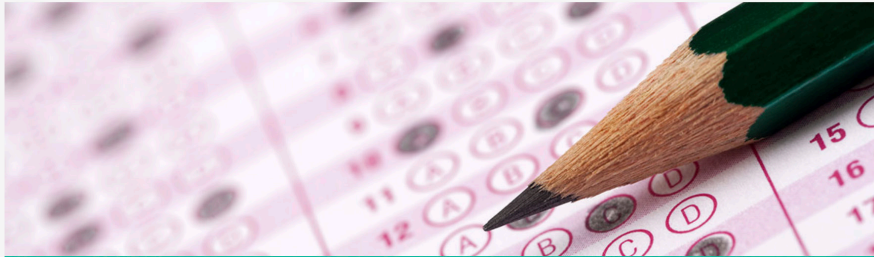
☐ Other health issues

NEXT

Once you have done this click

NEXT

Start your journey



Let us help you find your perfect career with  
MyFuture

MYFUTURE



EXPLORE SUBJECTS



EXPLORE WORK AREAS



EXPLORE CAREERS

Click on

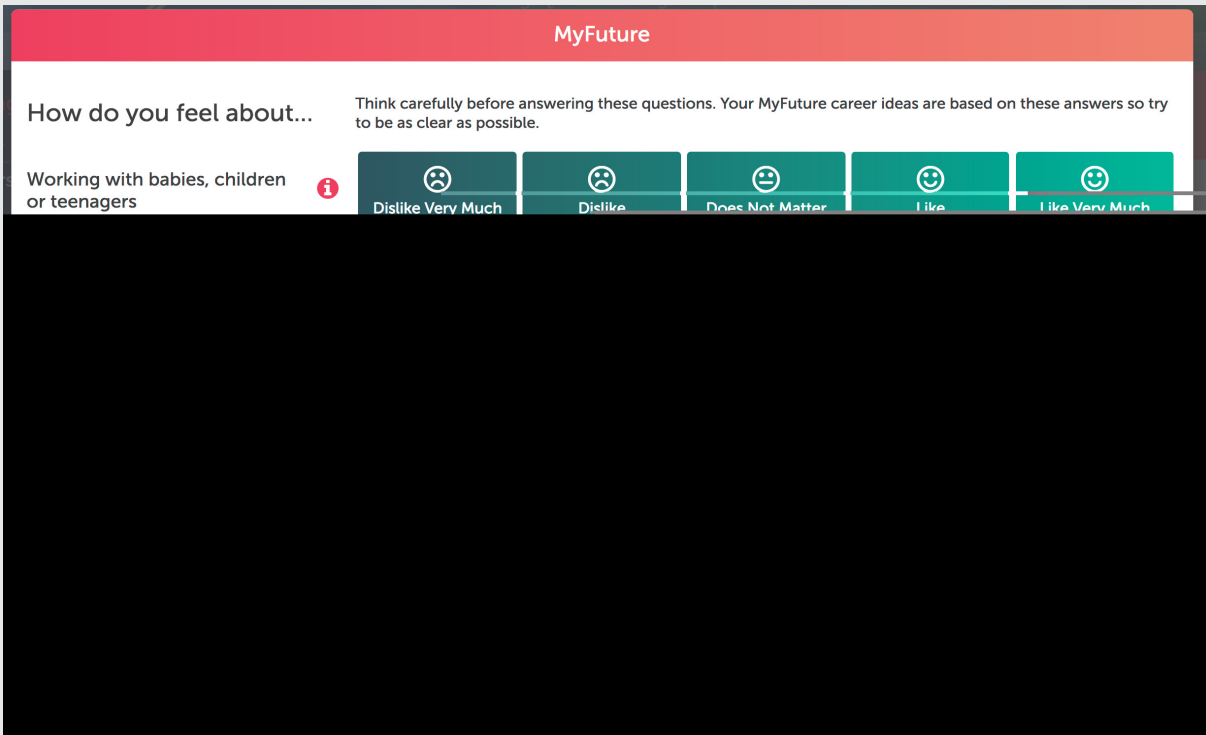
MYFUTURE

Please remember that this quiz is **your** quiz so any answers should be **your** answers!!!!

When you answer the first question the quiz will move onto the next question and so on!!!!

(If possible try to avoid the answer "Does not Matter").

CHOOSE YOUR RESPONSES TO THE  
QUESTIONS CAREFULLY



If you run out of time, click **FINISH LATER** and the next time you log in you can pick it up where you left it!!

How do you think these questions can help you to identify a possible career?

An illustration of a magnifying glass with a red handle and a blue frame. Inside the lens is a stylized profile of a person with dark hair and a white shirt. Below the magnifying glass, there are several horizontal lines of varying lengths, suggesting a list or document. The background is white with faint, dotted horizontal lines.

What do you think about your **suggested** Careers?

(Please remember these are only suggestions for you to consider)


Name of Career	Positives for you	Negatives for you

Were there any suggested careers that surprised you?

Name of Career	Why this is worth considering	Why might this not be suitable for you


Once you have completed the questionnaire you can go back and look at what careers are linked to your favourite subjects.

Start your journey




Let us help you find your perfect career with MyFuture


MYFUTURE



EXPLORE SUBJECTS



EXPLORE WORK AREAS



EXPLORE CAREERS

What are your most favourite subjects?

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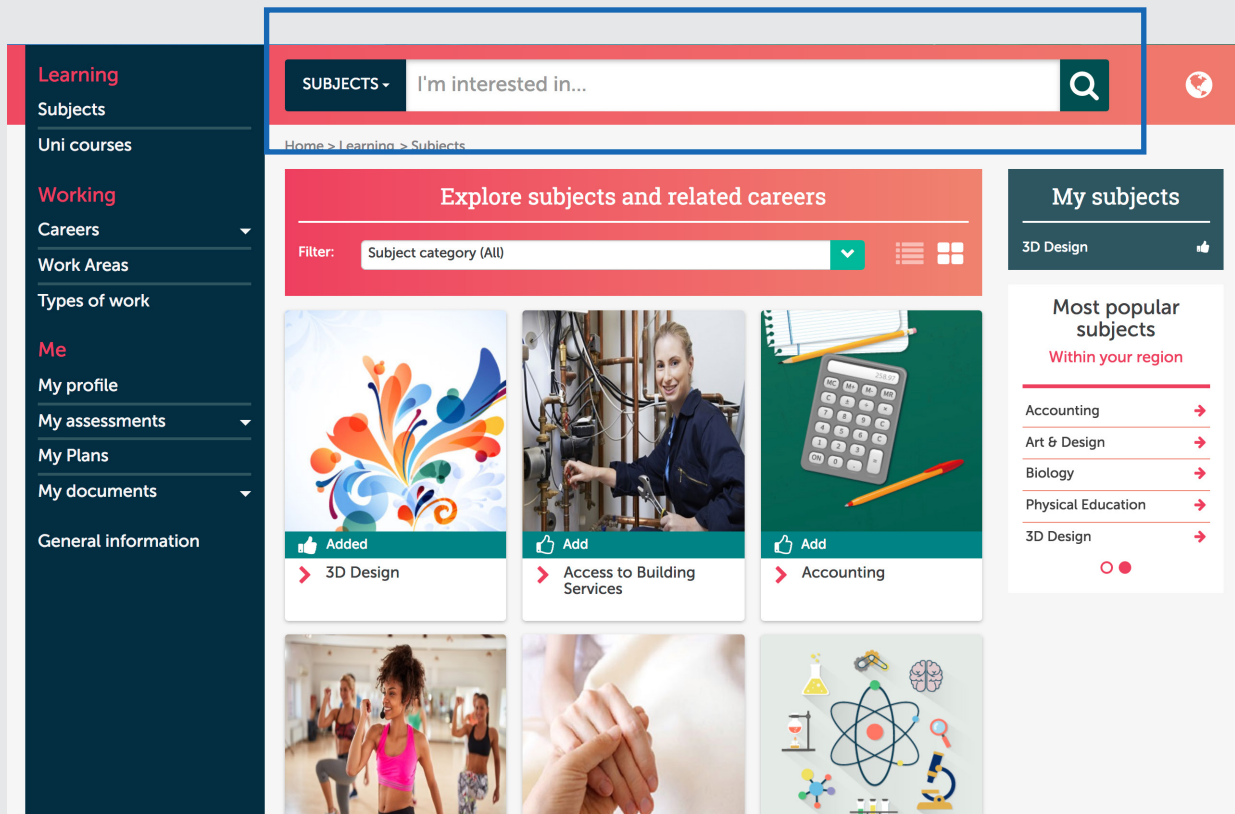
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You can search for Careers linked to your favourite subjects here !!



How do you think researching your favourite subjects might help you?

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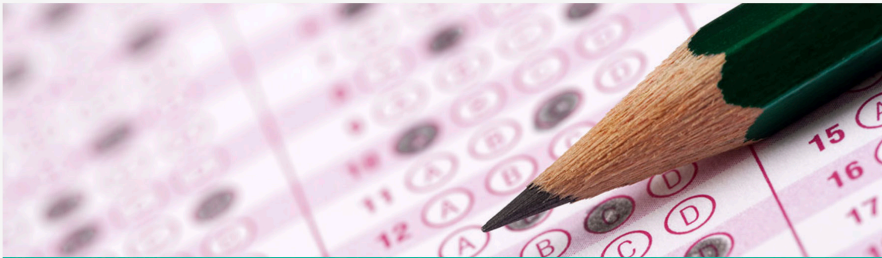
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You will now be taken to a page where you have two options.

Start your journey




Let us help you find your perfect career with MyFuture


MYFUTURE



EXPLORE SUBJECTS



EXPLORE WORK AREAS



EXPLORE CAREERS

You can also

EXPLORE WORK AREAS

Why would you want to explore this area?

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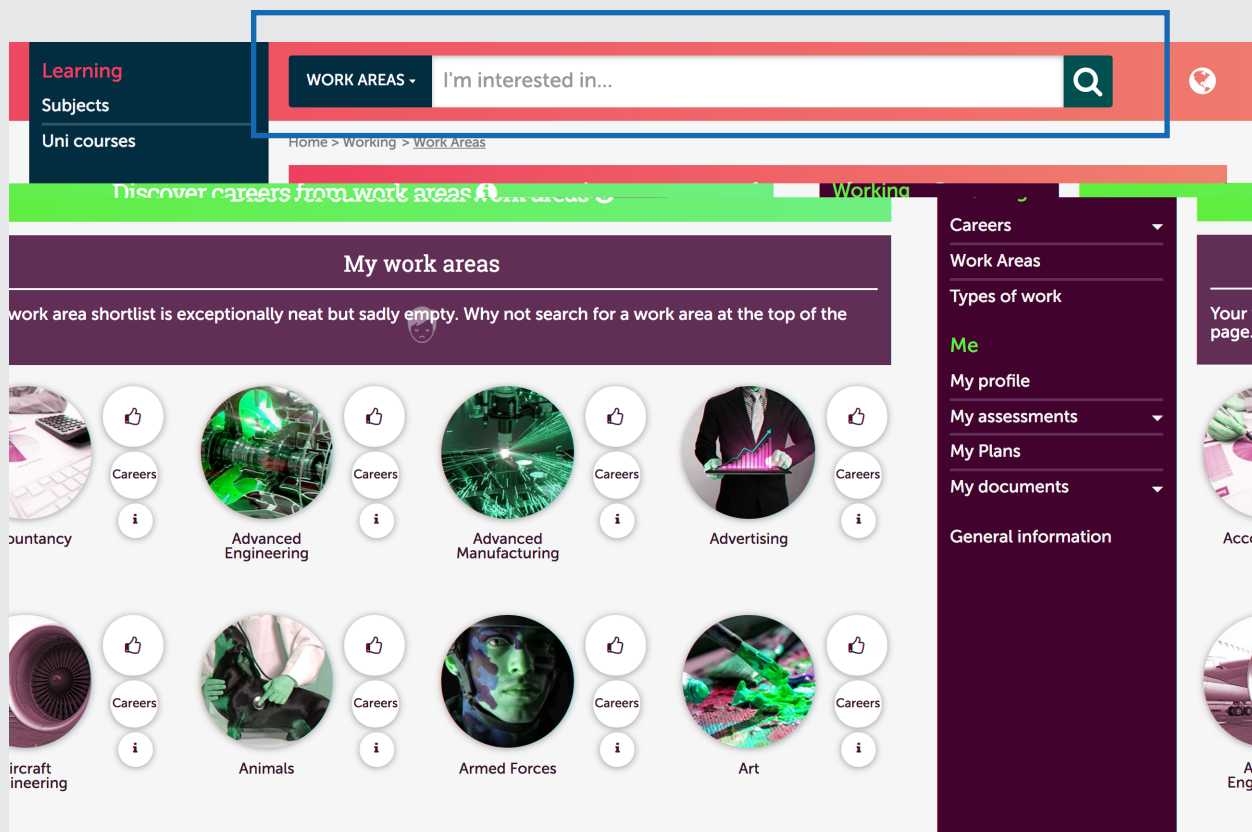
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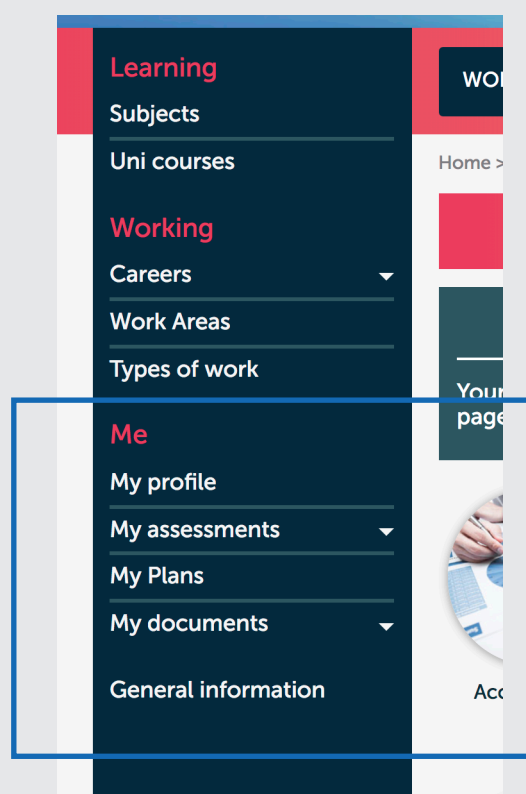
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I DON'T KNOW WHAT CAREER I WANT TO DO

You can search Work Areas by either scrolling through the list or type into the search box.



If you click on the  icon you can save these work areas to My Plans which is in the ME section on the left hand side of the page.




If you know which actual career you wish to consider then you can research it by clicking the

EXPLORE CAREERS

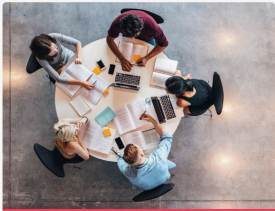
button.

Start your journey




Let us help you find your perfect career with MyFuture


MYFUTURE



EXPLORE SUBJECTS



EXPLORE WORK AREAS



EXPLORE CAREERS

You can search Explore Careers by either scrolling through the list or type into the search box.

Learning  
Subjects  
Uni courses

Working  
Careers  
Work Areas  
Types of work


Me  
My profile  
My assessments  
My Plans

CAREERS - I'm interested in...


Home > Working > Careers > Search careers

Search Careers


Filter: Industries (\*) Salary Range (\*)



Add



Add



Add

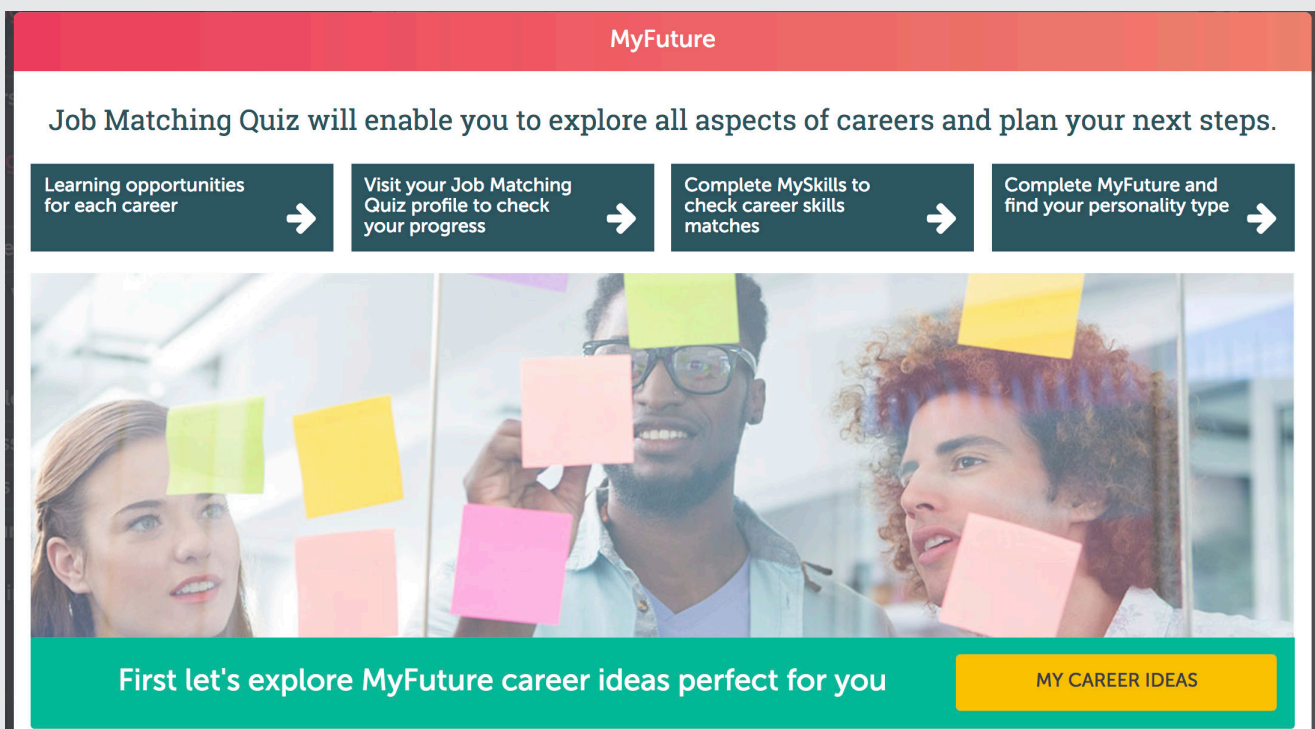
My careers

Your career shortlist is exceptionally neat but sadly empty

Why not search for a career at the top of the page or review career ideas you may like below? Your chosen subjects will appear here.

Most popular

After you have completed the first section of the Job Matching Quiz by clicking **MYFUTURE** you will see the following screen which gives you several options.



PLEASE CLICK **MY CAREER IDEAS** to see your career suggestions!

What are your initial thoughts of the list of career suggestions,

(Please remember these are simply suggestions and not what you have to do).



What do you like and why?

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What don't you like and why?

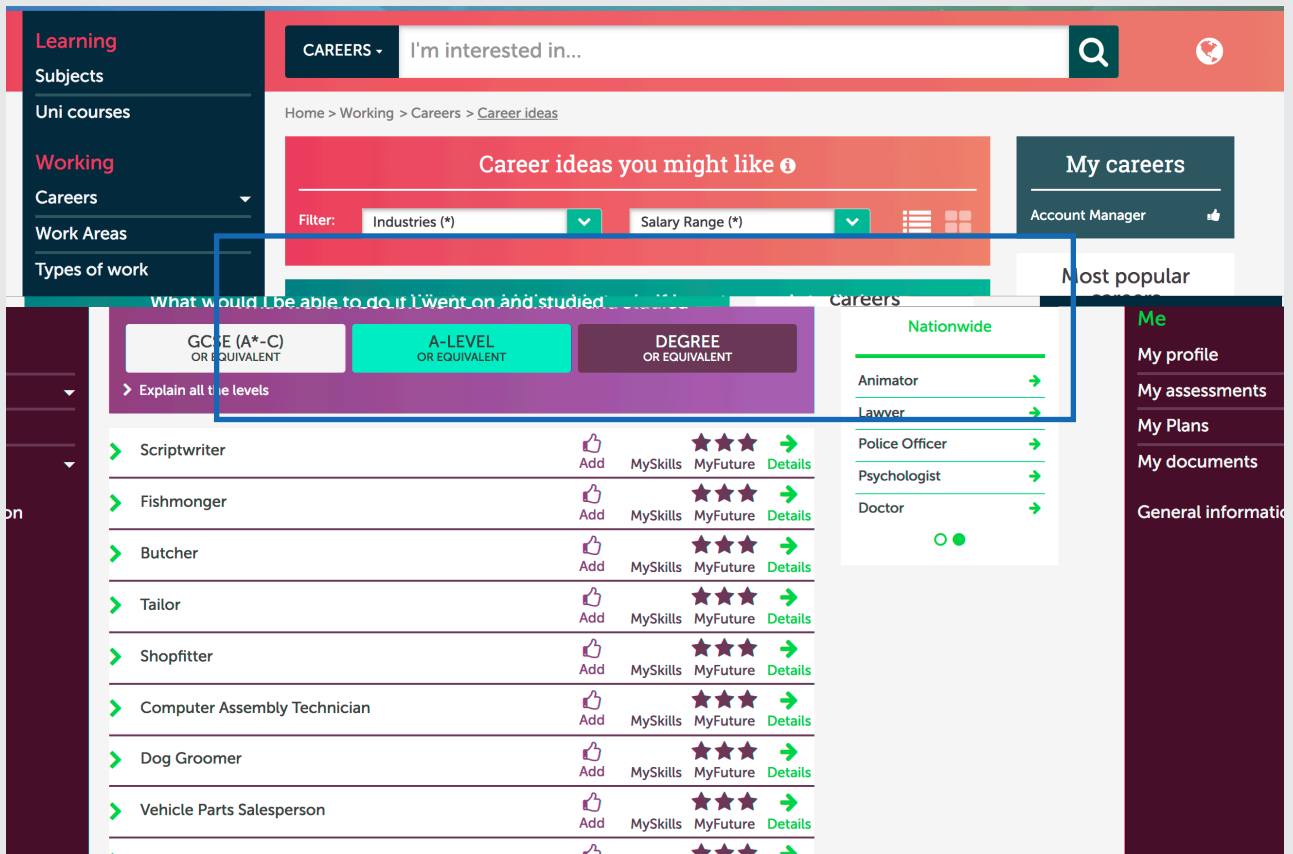
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If you change the level of study (see overleaf), the Job Matching Quiz will change some of the suggested careers for you to consider.





What are your thoughts about selection of highest level of qualifications you would like to achieve, have your thoughts changed and if so why?

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**When looking through the suggestions, please remember that:**

You can click on each Job Title to find out more information about that particular job, and also watch an embedded video made by a person who works in that career.

The stars represent that this job matches the answers you have given. Three stars are the maximum and represent a good match to the answers you have given within the quiz. (even if you have no stars against a career you like, it doesn't mean it is unsuitable for you)

By clicking the "thumbs up" sign you will save that career to your favourites

The "Tell me more" section gives more in depth information about this particular job, which you may be interested to explore.

If a career is suggested that you feel is not for you, by going to the "Is this for me" section, you will be able to see the answers you gave to particular questions; and if you wish, you can change the answers to individual quiz questions here.



WHEN YOU MOVE INTO KEY STAGE 4 YOU WILL MOST  
LIKELY COME BACK TO THE JOB MATCHING QUIZ  
AND LOOK AT THINGS LIKE HOW YOUR SKILLS OR ANY  
DISABILITIES MAY FURTHER INFLUENCE POSSIBLE  
FUTURE CAREERS

## On completing this Workbook:

You should now have:

- a username and password for the Careers Wales website ([www.careerswales.com](http://www.careerswales.com)).
- A list of Career ideas that suits the answers you have given to the questions in the quiz.

You should also understand:

- What makes a strong password
- What employers mean when they mention skills



## Finally for this Workbook

In your own words explain what you have learned and how you will use this new knowledge.

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