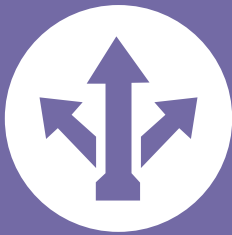




Gyrfa Cymru  
Careers Wales

# Starting Out



0800 028 48 44



[www.careerswales.gov.wales](http://www.careerswales.gov.wales)



Llywodraeth Cymru  
Welsh Government

# About me



Insert your photo

My name:

My school:

What I like:



What I don't like:



What's important to me when planning my future?

# What will my Careers Adviser do?



- Meet with me lots of times
- Help me think about what I'm good at
- Talk with me about what I can do when I leave school
- Help me to move on from school when I am ready.



## Points to think about...

My Careers Adviser is:

They work at:

I can contact them on:

When will I see my  
Careers Adviser:

You can find out more on the Careers Wales website:

[www.careerswales.gov.wales](http://www.careerswales.gov.wales)

# What do I like to do?



In school...



Outside of school...





# What could I do when I leave school?



- Go into work (paid or voluntary)



- Go to college, learn about things like; Cooking, IT, Gardening



- Have a daytime plan with help from my Social Worker



- Training

# What I might do before I leave school?

- Try a job
- Visit colleges
- Talk to my Social Worker to see what they can offer
- Talk to my Careers Adviser
- Use the Careers Wales website to find out more about my choices:

[www.careerswales.gov.wales](http://www.careerswales.gov.wales)



What will I do next.....

# Who could help me plan my future?



- My Careers Adviser
- My family
- My Teachers and Helpers in school
- My Social Worker or other people



Is there anyone else who can help....



# Transitional Planning



- Transition planning means you planning for changes that will happen in your life as you get older.
- This may include what you want to do, where you want to live and the help you may need.
- To help you plan for these changes you will have a Transitional Planning Review -this is a meeting where you can say what you would like for the future

## Who will be there with me?

People that will be invited to your meeting will include:

- Parents/Carers
- Careers Adviser
- Teachers
- Social Worker



**Is there anyone else you would like to be at your meeting?**



# Transitional Planning Review

Before the meeting it would be a good idea to think about what you would like for the future.

**What ideas do you have for the future?**



**Is there anything that you would like to talk about at your review?**



To find out more about Transitional Planning Reviews go to [careerswales.gov.wales](https://careerswales.gov.wales)

# Where to find Careers Wales

You'll find us in all special needs schools and units,  
secondary schools and colleges of further education.  
We also work in the community.



**Gyrfa Cymru**  
**Careers Wales**



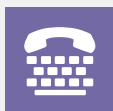
**Website: [www.careerswales.gov.wales](http://www.careerswales.gov.wales)**



**Telephone: 0800 028 48 44**



**if calling from a mobile use 029 2090 6800  
(standard mobile rates apply)**



**Textphone: 0800 0029 489 (for deaf and hard  
of hearing customers)**



**@careerswales**