

If I was 16 again...

What would I tell my 16-year-old self?

Probably to relax a bit.

Try and relax more, don't overthink it.

I would tell a 16 or 17-year-old me, not to be afraid.

Be more confident.

People change career at 30, 40, 50 years old.

And there's plenty of time, plenty of choices that you'll make.

Remember that any experience that you get is useful.

Top tips to help you prepare for your future

Research what you want to do.

Really think about what is it that I enjoy doing and something that I get a lot out of.

Ask their parents so they get a CV going from quite an early age.

If you carry on as you are with hard work, you'll eventually get there.

Seize every opportunity to have as much experience as possible.

Try different things out and see exactly what it is you like and what suits you.

Try to remember...

Think about what is right for you right now.

Try and pursue the stuff that feels good,
but constantly challenge yourself as well.

Go for it, don't be too scared to try anything.

If you're that passionate about something and you really want a job,
you will get it.

Thanks to all the employers who took part.

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