

00:00:01:15 - What can I do when I leave school

00:00:04:15 - As you get older you need to start thinking about what you want to do when you leave school.

00:00:04:20 - A box appears with the name Emma within it.

00:00:09:00 - What's right for your friends might not be what's right for you.

00:00:11:19 - But there are lots of people who can help you with these decisions, your friends, your family,

00:00:15:22 - your careers adviser as well.

00:00:17:20 - So let's have a look at some of your options.

00:00:21:02 - Work

00:00:22:16 - First of all you need to have a think about the sort of work that you'd would be interested in

00:00:23:13 - Three arrows appear in the background. They symbolise the variations in choice and opportunities available.

00:00:26:14 - and also if you'll be ready to do this when you finish school.

00:00:30:00 - When you do go into work, a lot of people work for other people.

00:00:32:03 - 5 badges appear. They each depict an individual with, 4 symbolise employees whilst one symbolises a boss or employer.

00:00:34:24 - A single badge appears, with a single individual inside. This individual symbolises You.

00:00:33:09 - You might be interested in being self-employed.

00:00:36:10 - If you do think you are ready to go into work straight from school

00:00:39:15 - it would be useful for you to go to the work section and have a look at some of our videos and leaflets.

00:00:44:19 - College

00:00:47:03 - Many young people go to college to learn new skills and meet new people.

00:00:48:21 - 5 badges appear, each depicting a different skill or course.  
Numeracy/mathematics, key skills, cooking, arts and languages/reading.

00:00:51:07 - You can also try out different types of work,

00:00:52:24 - A badge appears, it depicts arrows splitting off from one another. This symbolises different paths, opportunities and choices.

00:00:53:17 - gain more qualifications and become more independent.

00:00:54:11 - A badge appears, it depicts a graduation hat/cap. This symbolises successfully completing a course, gaining qualifications.

00:00:55:17 - A badge appears, it depicts a chain being broken which symbolises freedom from restraints.

00:00:56:24 - If you'd like to find out more about going to college

00:00:59:15 - have a look at what some other young people have got to say and watch our college video.

00:01:04:20 - Training

00:01:06:22 - Training is a great way of gaining some qualifications as well as work experience.

00:01:06:23 - A box appears with the name Dylan within it.

00:01:12:09 - You carry on with your basic skills, Maths, English and IT.

00:01:15:05 - Three badges appear. They depict Numeracy symbols, a book and a computer. These symbolise Mathematics, English and IT.

00:01:16:05 - And it's a good way of meeting new people and gaining more independence.

00:01:20:15 - Volunteering

00:01:22:09 - You don't get paid for volunteering but it can help you to gain more work experience

00:01:24:03 - A badge appears, it has the words 'Level Up' within it. This symbolises personal growth, self improvement.

00:01:26:24 - as well as meeting new people and gaining new skills.

00:01:27:12 - A badge appears, depicting a figure surrounded by other figures. This symbolises meeting new people, a team and team work.

00:01:30:00 - If you'd like to find out more about volunteering have a look at our video .

00:01:34:09 - Day time plan

00:01:36:24 - If you have a social worker you can work with them

00:01:37:14 - A badge appears, it contains a person within it depicting a specific role. This symbolises a support worker.

00:01:39:23 - to help you plan some activities that you can do throughout the week.

00:01:41:15 - 5 boxes appear to form a school week calendar. Each day contains a different activity or study.

00:01:44:03 - And remember.

00:01:45:08 - You don't have to make this decision on your own.

00:01:47:21 - Your careers advisor can help you find out more and figure out which option is best for you.

00:01:47:23 - A badge appears, it contains a person within it depicting a specific role. This symbolises a careers adviser.

00:01:53:16 - [careers.wales.gov.wales](http://careers.wales.gov.wales) contact us by phone on 0800 028 4844 on web chat and email find us on social media on Facebook, Twitter, Instagram, YouTube and LinkedIn.