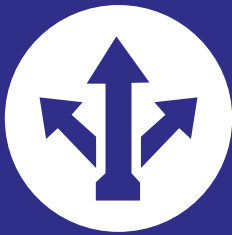


Starting Out



0800 028 48 44



www.careerswales.com



Llywodraeth Cymru
Welsh Government

About me



Insert your
photo

My name:

My school:

What I like:



What I don't like:



What's important to me when planning my future?

What will my Careers Adviser do?



- Meet with me lots of times
- Help me think about what I'm good at
- Talk with me about what I can do when I leave school
- Help me to move on from school when I am ready.



Points to think about...

My Careers Adviser is:

They work at:

I can contact them on:

When will I see my
Careers Adviser:

You can find out more on the Careers Wales website:
www.careerswales.com

What do I like to do?



In school...



Outside of school...



What could I do when I leave school?



- Go into work (paid or voluntary)



- Go to college, learn about things like; Cooking, IT, Gardening



- Have a daytime plan with help from my Social Worker



- Training

What I might do before I leave school?

- Try a job
- Visit colleges
- Talk to my Social Worker to see what they can offer
- Talk to my Careers Adviser
- Use the Careers Wales website to find out more about my choices:

www.careerswales.com



What will I do next.....

Who could help me plan my future?



- My Careers Adviser
- My family
- My Teachers and Helpers in school
- My Social Worker or other people



Is there anyone else who can help....

Transitional Planning




- Transition planning means you planning for changes that will happen in your life as you get older.
- This may include what you want to do, where you want to live and the help you may need.
- To help you plan for these changes you will have a Transitional Planning Review -this is a meeting where you can say what you would like for the future

Who will be there with me?

People that will be invited to your meeting will include:

- Parents/Carers
- Careers Adviser
- Teachers
- Social Worker



 Is there anyone else you would like to be at your meeting?

Transitional Planning Review

Before the meeting it would be a good idea to think about what you would like for the future.

What ideas do you have for the future?



Is there anything that you would like to talk about at your review?



To find out more about Transitional Planning Reviews go to careerswales.com.

Where to find Careers Wales

You'll find us in all special needs schools and units,
secondary schools and colleges of further education.
We also work in the community.



Website: www.careerswales.com



Telephone: 0800 028 48 44



if calling from a mobile use 029 2090 6800
(standard mobile rates apply)



Textphone: 0800 0029 489 (for deaf and hard
of hearing customers)



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