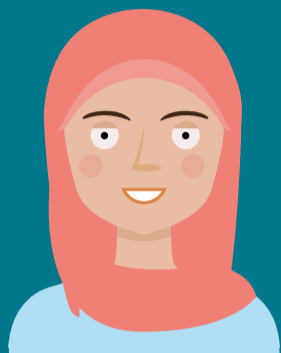


# How to make decisions about your future career



Gyrfa Cymru  
Careers Wales

## 1 Identify the decision you need to make



The decision I need to make is ...

## 2 Find out all the options you have to choose from



Research online at [careerswales.gov.wales](https://careerswales.gov.wales)

Talk to your careers adviser and teachers to find out more

## 3 Use good decision-making techniques to help you choose

- List the pros and cons
- Talk to your family about your ideas
- Research the options
- Choose things that you are good at
- Choose things you enjoy
- Discuss your ideas with a careers adviser or teacher
- Imagine your future self now and in five years time



## Avoid these decision-making techniques

- Don't choose things just because all of your friends are doing them
- Don't ask other people to make decisions for you
- Don't flip a coin to decide
- Don't rush into a decision
- Don't decide from fear

## 4 Make a back-up plan just in case



## 5 Act on your decisions



Make a choice that will help you achieve your career goals!

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